

带状疱疹による胸背部痛に対する 当帰湯の治療効果の検討

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要旨： ペインクリニック科領域における漢方療法として、带状疱疹による仮性狭心症というべき胸背部痛15例に、当帰湯を投与しその効果を検討した。当帰湯はかかる狭心症様の胸背部疼痛を訴える例には、桂枝加朮附湯よりも有効性があると考えられ、また、带状疱疹後疼痛に至らない非慢性痛に対しての効果も伺われ、かかる例には比較的早期よりの投与が勧められる。

索引用語： ペインクリニック，漢方療法，带状疱疹疼痛，当帰湯

The effect of Toki-to on angina-like thoraco-dorsal pain caused by herpes zoster

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Abstract : Toki-to is one of the excellent traditional Kampo medicine for angina-like chest pain. But little is known about Toki-to, whether it is useful or not, for angina-like pain due to herpes zoster. From the standpoint of pain-clinician, the author examined the effect of Toki-to on angina-like thoraco-dorsal pain caused by various stages of herpes zoster ; postherpetic neuralgia. In fifteen cases, all those had angina-like chest pain, clinical evaluation was done after 4 weeks administration of Toki-to. It was found that Toki-to was very useful Kampo medicine for non-chronic herpetic pain group, rather than for chronic pain. I recommend aggressive use of Toki-to for angina-like herpetic chest pain in modern pain clinical practice.

Key words : pain clinic, Kampo medicine, postherpetic neuralgia, Toki-to