

## 非定型顔面痛の漢方薬を応用した1例

鶴見大学歯学部 歯科麻酔学教室, 昭和大学藤が丘病院 麻酔科\*

別部智司, 佐藤恭道, 世良田和幸\*, 雨宮義弘

**要旨:** 患者は42歳の女性で, 甲状腺嚢腫摘出術後に疼痛が両側顔面に波及し, 難治性非定型顔面痛に移行した症例の治療経過について報告する。患者は非定型顔面痛の為に多くの治療を施され, かえって疼痛の増悪, 薬物性肝障害を招いた。このような症例のアプローチとして各科の専門を生かし治療を行うことで緩快に向かった。

治療には主に漢方治療を含めた薬物療法, 星状神経節ブロック, 鍼灸経絡治療, 歯科治療, 心身医学的アプローチを併用した。

漢方方剤として黄連解毒湯, 呉茱萸湯, 葛根湯, 桂枝人参湯, 加味逍遙散, 半夏瀉心湯, 立効散, 小柴胡湯を各々7.5g/日および修治附子末1.5~3.0g/日を証に合わせながら変更処方した。

本治療法により疼痛の著しい緩快はみられていないが, QOLは著しく改善された。

**索引用語:** 非定型顔面痛, 漢方治療, 経絡治療, 顎関節症, 心身医学

Application of Kampo medicines for a case of intractable atypical facial pain

Satoshi Beppu, Yasumichi Sato, Kazuyuki Serada\* and Yoshihiro Amemiya

Department of Dental Anesthesiology, Tsurumi University, School of Dental Medicine

Department of Anesthesiology, Syowa University Fujigaoka Hospital\*

**Abstract:** This article is an intractable atypical facial pain case report. The patient was a 42-year-old woman who had suffered from intractable pain on bilateral face over the past 11 years after thyroid cyst extirpation. Before to a visit to our hospitals, she had undergone various medical treatments for atypical facial pain. However, the pain was increase in the treatments and farther more hepatopathy was arisen from the medication.

At the start of the treatment in our hospitals, we underwent the approach as departments of our specialization. We were performed her pain treatments such as Kampo medicines, pharmacological treatment, stellate ganglion block, meridian acupuncture treatment, odontological treatment and psychosomatical treatment. Especially, Kampo medicines were prescribed following as Oren-gedoku-to, Goshuyu-to, Kakkon-to, Keishi-ninjin-to, Kami-shoyo-san, Hange-shashin-to, Rikko-san and Sho-saiko-to respectively 7.5g/day and Shuchi-bushi powder 1.5~3.0g/day. These medicines were modified by Sho, which is Oriental medical diagnosis.

It is not appeared significant change in pain, but the quality of life was improved remarkably.

(原稿受付 1993年2月1日)