

当帰四逆加呉茱萸生姜湯の 腹部術後不定愁訴に対する効果 II ——有効症例に対する検討——

西沢クリニック 漢方研究診療部門*, 滋賀医科大学 麻酔学教室**

京都府立医科大学附属脳血管老化研究センター 病態病理***, 大阪府立成人病センター 実験病理****

西澤芳男*****, 西澤恭子***, 伏木信次****, 薦田恭男**

野坂修一**, 天方義邦**

要旨： 腹部術後不定愁訴の腹痛に対し当帰四逆加呉茱萸生姜湯がいかなるタイプの症例に有効であるかを、先の placebo を用いた double blind test, cross over test の結果を踏まえて検討した。

男性と女性、四肢冷感 (+) と (-)、上腹部術後と下腹部術後の腹部術後不定愁訴を訴える患者をほぼ matching pair となるよう組み分け当帰四逆加呉茱萸生姜湯を体重別に 5.0~10.0g/日、36週投与した結果、1日総腹痛時間減少効果、自覚的腹痛強度減弱効果、疼痛以外の自覚症状はいずれの項目においても、①女性>男性、②四肢冷感 (+)> (-)、③下腹部術後>上腹部術後で効果があった。内服より効果発現まで平均で2週間を要し、4週で最大効果を示し、効果はその後 plateau となった。すなわち、当帰四逆加呉茱萸生姜湯は四肢冷感を伴う下腹部術後女性患者の腹部術後不定愁訴に有効であることを認めた。また、本方剤投与により臨床検査値に変化を来さないこと、重篤な副作用が出現しなかったことよりその有用性が確認された。東洋医学的考察とも一致をみた。

索引用語： 当帰四逆加呉茱萸生姜湯, 四肢冷感, 術後腹部痛

The effect of Toki-shigyaku-ka-goshuyu-shokyo-to on postoperative abdominal pains and symptoms following to abdominal operation

Yoshio Nishizawa*****, Yasuko Nishizawa***, Shinji Fushiki****, Yasuo Komota**, Shuichi Nosaka** and Yoshikuni Amakata**

Department of Wakanyaku, Nishizawa Clinic*

Department of Anesthesiology, Shiga University of Medical Science**

Department of Dynamic Pathology, Research Institute for Neurological Disease and Geriatrics Kyoto Prefectural University of Medicine***

Department of Experimental Pathology, Osaka Adult Disease Center****

Abstract : In this paper, effects of Toki-shigyaku-ka-goshuyu-shokyo-to on clinical and subjective symptoms in 100 patients (16 to 88 years old, mean 49.5 years old, Male : Female=50 : 50), who had

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abdominal pain without adhesion, were studied. These studies were distinguished in each group, ① after lower abdominal operation or upper abdominal operation, ② male or female, and ③ feeling of chilliness of extremities or not feeling of chilliness of extremities.

Results were following; ① Effects of Toki-shigyaku-ka-goshuyu-shokyo-to

a) Total periods of abdominal pain<subjective abdominal pain<subjective symptoms without abdominal pain

b) Male<Female

c) Without feeling of chilliness of extremities<with it

d) After upper abdominal pain<after lower abdominal pain

Effects were observed within 2 weeks after administration of Toki-shigyaku-ka-goshuyu-shokyo-to. Maximal effects were observed 4 weeks after medication, and after that they reached the plateau.

② No significant change of clinical examination was not observed.

③ Side effects were shown in few cases (7%).

These results suggested that Toki-shigyaku-ka-goshuyu-shokyo-to was useful and no severe side effect was observed in these patients.

Key words : Toki-shigyaku-ka-goshuyu-shokyo-to, feeling of chilliness of extremities, postoperative abdominal pain