

症 例 報 告

各種疼痛に対する漢方併用の治療経験

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要旨：外科系および整形外科系における各種疼痛に対して、漢方薬や経穴治療を施行し、これらについて臨床的検討を加えた。対象は外科系では開腹術後癒着によると考えられた腹痛や癌性疼痛で、整形外科系では各種関節痛・頸肩痛・腰背痛・上下肢痛などであった。今回の漢方薬は桂枝茯苓丸と当帰四逆加呉茱萸生姜湯について検討した。さらに経穴治療として局麻剤を経絡・経穴に注射した。効果判定は Visual Analog Scale (VAS) を利用し、治療開始後 4 週間で評価した。結果は桂枝茯苓丸では著効 18 例 (25.4%)、有効 27 例 (38.0%)、やや有効 23 例 (32.4%)、不変 3 例 (4.2%)。当帰四逆加呉茱萸生姜湯では著効 10 例 (27.8%)、有効 21 例 (58.4%)、5 例 (13.9%)、不変 0。経穴注射は癌性疼痛でも有用性を認めた。副作用は重篤なものはなかった。以上により、瘀血や血行障害による疼痛には、駆瘀血剤や経穴注射は臨床上安全で有意義と思われた。

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Clinical experience of Kampo Medicines as combination therapy for pain control

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Abstract : In order to control various kinds of pain caused surgical and orthopedic treatments, patients were treated with kampo medicine and meridian point therapy.

The study subjects in the field of surgery were patients with abdominal pain presumably due to adhesion postlaparotomy or cancer pain. Patients with various kinds of arthralgia, pain in the neck and shoulder, low back pain, and pain in the extremities chosen as subjects in the field of orthopedics. The kampo medicines used in this study were Keishi-bukuryo-gan and Toki-shigyaku-ka-goshuyu-shokyo-to. In addition, local anesthetics were injected at the meridian points by way of meridian points therapy. Therapeutic effects were evaluated on the visual analog scale (VAS) after 4 weeks of treatment.

The response was classified as excellent in 18 patients (25.4%), good in 27 (38.0%), fair in 23 (32.4%), and poor in 3 (4.2%) with Keishi-bukuryo-gan. The corresponding values for Toki-shigyaku-ka-goshuyu-shokyo-to were 10 (27.8%), 21 (58.4%), 5 (13.9%) and 0. Meridian point injection therapy was efficacious even in cancer pain. No serious adverse reactions were induced. The results of this study seem to justify the conclusion that anticongestive kampo medicines and meridian point injection therapy with local anesthetics can be safely used in clinical practice and are of significance in controlling pain due to congestion and vascular disorders.

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Key words : pain control, Keishi-bukuryo-gan, Toki-shigyaku-ka-goshuyu-shokyo-to, meridian point injection therapy