

症 例 報 告

腰痛症に対する芍薬甘草湯と五積散の効果

玉川 進

小川 秀道

旭川医科大学麻酔・蘇生学教室

要旨：急性腰痛患者 35 例に対して筋緊張を目標に芍薬甘草湯を投与し、著効 10 例、有効 18 例であった。また慢性腰痛患者に対して上熱下冷を目標に五積散を投与し著効 3 例、有効 2 例であった。芍薬甘草湯は対症的に投与しても効果が期待できる。五積散は証を合わせるにより随伴症状を含めた改善が期待できる。
(痛みと漢方 7 : 83-85, 1997)

索引用語：腰痛症，芍薬甘草湯，五積散

The effect of Shakuyaku-kanzo-to and Goshakusan on lumbago

Susumu Tamakawa, et al.

Department of Anesthesiology and Critical care Medicine, Asahikawa
Medical College

Abstract : We gave Kampo therapy to lumbago patients. Twenty-eight patients suffering from increasing muscle tonus were given Shakuyaku-kanzo-to. Lumbago was reduced in 28 patients. Chronic lumbago patients who complained of dizziness and coldness of the legs were given Goshakusan. Lumbago was reduced in all the patients. Shakuyaku-kanzo-to can be administered to lumbago without side-effects and Goshakusan may bring about a good effect and be applicable to complaints associated with lumbago.
(Pain and Kampo Medicine 7 : 83-85, 1997)

Key words : lumbago, Shakuyaku-kanzo-to, Goshakusan