

症 例 報 告

## 慢性口腔疼痛に加味逍遙散が奏効した1例

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**要旨：**左下顎歯肉部慢性疼痛をもつ74歳女性の1例を報告する。各種抗うつ薬とカルバマゼピンは疼痛に無効であった。解決志向の心理療法により活動性は部分的に改善したが疼痛は難治であり、加味逍遙散の投与により疼痛は初めて改善が得られた。西洋薬の治療に抵抗する難治性口腔内慢性疼痛に、漢方薬と解決志向心理療法の併用が有効であったと考察する。

**索引用語：**慢性口腔疼痛，心気症状，加味逍遙散，漢方治療，心理療法

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#### Effects of Kami-shoyo-san on chronic oral pain

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**Abstract:** We report on a 74-year-old female patient who suffered from chronic pain in the region of lower gingival mucous. Antidepressants and carbamazepine were not effective. Solution-focused psychotherapy was partially effective for an improvement in her activity, but her oral pain was intractable and continued until a Kampo medicine, Kami-shoyo-san (TJ-24), was prescribed. We considered that combination of Kampo treatment and solution-focused psychotherapy was effective for intractable chronic oral pain that resists western medicine.

**Key words:** chronic oral pain, hypochondriasis, Kami-shoyo-san, Kampo treatment, Psychotherapy