

症 例 報 告

高齢者慢性腰下肢痛への神経ブロック併用による ブシ末の効果 (第2報)

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要旨：当科外来通院中の，ブシ末の投与と神経ブロックを併用している高齢者慢性腰下肢痛患者52名を対象に，ブシ末の鎮痛作用について検討した．10点法を用いたペインスコアによる評価では，初診時の平均スコアは6.3であったが，漢方薬投与開始後2カ月で3.8と低下し，ブシ末の鎮痛作用が示唆された．鎮痛作用を有するブシ末を，残存する愁訴を軽減するために他の漢方薬と併用することは，ブロックの施行回数を減らし疼痛の軽減をもたらすのに効果的であると考えられた．

索引用語：漢方薬，ブシ末，神経ブロック，鎮痛作用

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The effects of Shuchi-Bushi-Matsu and epidural nerve block on chronic back and leg pain in aged patients (Part 2)

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Abstract: We evaluated the analgesic effect of Shuchi-Bushi-Matsu [Heat-processed Aconiti Tuber Powder (TJ-3022)] on aged patients who were suffering from chronic back and leg pain. All patients received lumbar epidural nerve block. The mean volume of administered TJ-3022 was 0.9g. We used Numeric Rating Scale (NRS) for the assessment of pain. The mean NRS was 6.3 at the first physical examination. It decreased to 3.8 two months after the first examination. The suspected effects of TJ-3022 were anterior chest discomfort in three patients and angular cheilitis in one patient. Each complication disappeared soon after the reduction of TJ-3022. We concluded that TJ-3022 was effective for pain relief in aged patients suffering from chronic back and leg pain.

Key words: Chronic back and leg pain, Bushi, epidural block, analgesic effect, side effect