

症 例 報 告

当帰四逆加呉茱萸生姜湯が有用であった 腰部椎間板ヘルニア術後RSDの1例

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要旨：46歳男性。腰部椎間板ヘルニア摘出手術後より下肢にしびれ、冷感と間欠性跛行が出現した。サーモグラムにて下肢遠位中心に低温領域が捉えられた。術後の反射性交感神経性ジストロフィー(以下、RSD)と診断した。抗炎症鎮痛薬や血管拡張薬の投与は奏功しなかったが、当帰四逆加呉茱萸生姜湯の内服により、下肢症状は軽快し、サーモグラムの低温領域は縮小した。当帰四逆加呉茱萸生姜湯は、鎮痛作用、血管拡張作用により、RSDにおいて、疼痛悪循環を遮断するだけでなく、鎮静、抗ストレス作用により、ADL拡大や骨萎縮の改善に効果がある可能性があると考えられる。

索引用語：当帰四逆加呉茱萸生姜湯、反射性交感神経性ジストロフィー(RSD)、腰部椎間板ヘルニア、手術

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A case of in which Toki-shigyaku-ka-goshuyu-shokyo-to was effective for RSD after an lumbar hernia operation

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Abstract: The case was a 46-year-old male patient. He developed numbness in the lower limbs, paresthesia and claudication. Thermogram showed that he had a lower temperature regions in his lower extremities. His condition was diagnosed as postoperative RSD. Antiphlogistics, analgesics or vasodilators were not effective. Then, Toki-shigyaku-ka-goshuyu-shokyo-to(TJ-38) was administered. The condition of his lower limbs was improved and the lower temperature regions in his limbs were diminished. Toki-shigyaku-ka-gashuyu-shokyo-to not only has analgesic and vasodilating effects, but also it is likely to prevent ADL disturbance or bone atrophy from worsening by calming and stress-easing effects.

Key words: Toki-shigyaku-ka-goshuyu-shokyo-to, lumbar disc herniation, RSD (reflex sympathetic dystrophy), operation