

## 症 例 報 告

# 当帰四逆加呉茱萸生姜湯が有効であった 慢性疼痛の4症例

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**要旨：** 当帰四逆加呉茱萸生姜湯 (TJ-38) が、痛みに対して有効であった4症例を経験した。4症例ともに元来の冷え症で、冷えにより症状の増悪を認めた。西洋医学的には症例1は神経症、症例2は腰椎椎間板ヘルニア、症例3は抑うつ状態を伴った慢性関節リウマチと実存心身症、症例4は臀部術後癢痕部痛と診断された。4症例の共通点としてともに手術歴を有しており、特に4症例中3症例は腹部の手術歴があり、元来の冷え症で冷えにより症状の増悪を認め、腹部の手術歴のある場合、同方剤は一考すべき処方のひとつと考えられた。

**索引用語：** 当帰四逆加呉茱萸生姜湯、冷え、痛み、腹部手術

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### Four cases of pain treated effectively with Toki-shigyaku-Ka-goshuyu-shokyo-to.

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**Abstract:** Four patients suffering from pain treated effectively with Toki-shinyaku-ka-goshuyu-shokyo-to. Case 1 was diagnosed with neurosis. Case 2 had lumbar disc hernia. case 3 suffered from rheumatoid arthritis with depression and psychosomatic disorder. Case 4 developed post-operative painful hip scar syndrome. All the four patients had undergone surgical operations. Above all, case 4 was diagnosed as serious post-operative scar pain patho-physiologically, and the other three cases had undergone an upper or lower abdominal operation.

We concluded that Toki-shingyaku-ka-goshuyu-shokyo-to was effective for pain control.

**Key words:** Toki-shingyaku-ka-goshuyu-shokyo-to, chills, pain, abdominal operation.

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