

症 例 報 告

漢方治療が奏功した難治性非定型顔面痛の1症例

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要旨： 寒冷刺激によって悪化する非定型顔面痛に対して、補剤の治療投与が有用であった1症例を経験したので報告する。症例は34才女性。14～5年間にわたって毎年冬季に発症する左顔面頬部の激痛を訴えてきた。当初、温裏剤のみの使用で30%程度の軽快度しか認められなかったが、虚証体質改善を目的として補剤—補中益気湯 (TJ-41)—を予防的に長期間継続投与し、冬季に修治附子末を合方したところ、顔面痛の発作を60%以上改善させることができた。

索引用語： 非定型顔面痛，漢方治療，補中益気湯，修治附子末，補剤

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A case of intractable atypical facial pain treated satisfactorily with Kampo therapy

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Abstract: We report a case of satisfactorily-treated intractable atypical facial pain. The pain was aggravated by cold stimuli, and treated with prophylactic administration of tonic prescription. The case was a 34-year-old female patient who had suffered from intractable facial pain in her left cheek every winter for 14-15 years. At first, the use of prescriptions for warming the interior yielded only about 30 % of remission, but the long-term prophylactic use of tonic prescription (Hochu-ekki-to) for the purpose of improving her asthenic condition, and an additional use of syuji-bushi-matsu in winter, resulted in more than 60% of remission.

Key words: Atypical facial pain, Kampo treatment, Hochu-ekki-to, Syuji-bushi-matsu, Tonic prescription

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