

症 例 報 告

帯状疱疹および帯状疱疹後神経痛に対する 漢方薬の使用状況

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要旨：当院ペインクリニックでは、各種疼痛疾患に対して神経ブロックのほか積極的に漢方薬の併用を試みている。急性期帯状疱疹に対し、五苓散 (TJ-17)、柴苓湯 (TJ-114) などの駆水薬が、帯状疱疹後神経痛に対しては桂枝加朮附湯 (TJ-18)、当帰四逆加呉茱萸生姜湯 (TJ-38)、麻黄附子細辛湯 (TJ-127) など附子を含む方剤が使われる傾向にあった。今回、過去3年間に当科で治療を行った68名の帯状疱疹及び帯状疱疹後神経痛症例のうち、漢方薬を併用した17名について使用された漢方薬を retrospective に調査した。漢方薬使用方剤の内訳は柴苓湯8名、桂枝加朮附湯2名、五苓散4名、麻黄附子細辛湯2名、麻黄附子細辛湯+生薬修治ブシ末1名であった。投与後1カ月間の効果について漢方薬投与群と漢方薬非投与症例と比較し、漢方製剤の構成成分および、慢性疼痛への東洋学的なアプローチについて考察を加えた。

索引用語：帯状疱疹痛、帯状疱疹後神経痛、柴苓湯、桂枝加朮附湯、五苓散

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Use of Kampo Medicine for the Treatment of Herpes Zoster and Postherpetic Neuralgia

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Abstract: We have been using various combinations of traditional Chinese medicine on several pain-provoking diseases at our pain clinic. As a general rule, hydragogues, such as Gorei-san and Sairei-to, are used to treat the acute stage of herpes zoster; and formulas that contain aconitin tuber, such as Keishi-ka-jutsu-bu-to, Toki-shigyaku-ka-goshuyu-shokyo-to, and Mao-Bushi-Saishin-To, are used to treat postherpetic neuralgia. A retrospective study was conducted on the Kampo medicine that was used for 17 of 68 patients with herpes zoster or postherpetic neuralgia who have been treated in our department over the past 3 years.

The Kampo medicines used for the aforementioned 17 subjects were: Sairei-to (8 patients); Keishi-ka-jutsu-bu-to (2); Gorei-san (4); and Mao-bushi-saishin-to plus Shujibushi powder (crude drug) (1).

The effects of a one-month treatment using these formulas were compared with those of the treatments that did not include Kampo medicine. The results of the comparisons are reported, together with a discussion on the components of the Kampo medicine.

Key words: herpes zoster, postherpetic neuralgia, Sairei-to, Keishi-ka-jutsu-bu-to, Gorei-san

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