

症 例 報 告

パーキンソン病の合併症；
項部痛と腰痛に対する漢方の応用及川 欧^{*1,2} 森若文雄^{*2} 田代邦雄^{*2}

要旨：パーキンソン病など神経変性疾患の長期経過中には、様々な合併症を生じることがある。一般的な「西洋薬」を用いた対症療法で改善しない場合や、副作用で治療継続が困難になる場合、東洋医学的な方法論で総合的な治療を行うことで、それらの合併症を改善できることがある。

今回、パーキンソン病の合併症の項部痛を当帰芍薬散（TJ-23）で、腰痛を疎経活血湯（TJ-53）で改善できたので、舌証の変化と合わせて報告した。体内の微少循環の改善による効果が考えられた。神経内科領域では、有効な治療法が比較的少なく、今後も漢方治療に期待がかけられる。

索引用語：神経内科、パーキンソン病、芍薬甘草湯、当帰芍薬散、疎経活血湯

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Kampo is effective for neck and lower back pain of Parkinson's diseaseOu Oikawa ^{*1,2}, Fumio Moriwaka ^{*2} and Kunio Tashiro ^{*2}

Abstract: Long-term treatment and followup of such neurodegenerative diseases as Parkinson's disease show the manifestation of many different types of complications. The use of so-called "Western medicine" cannot always control these ailments, and sometimes cause too much adverse effects to allow continuation of the treatment. The use of Oriental medicine, in the attempt to improve the whole body, sometimes brings about the reduction or remission of these complications.

Here, we present two cases of Parkinson's disease, one with neck pain which was treated with Tohki-shakuyaku-san (TJ-23), and one with lower back pain which was treated with Sokei-kakketsu-to (TJ-53), both with good outcome. The clinical courses are presented with changes in tongue features. The improvement was possibly caused by improvement of microscopic distribution of bloodflow. Effective treatment for neurological illnesses is scarce, and our great hopes are placed on treatment with Chinese herbs or "Kampo".

Key words: Neurology, Parkinson's disease, Shakuyaku-kanzo-to, Tohki-shakuyaku-san, Sokei-kakketsu-to

^{*1,2}Department of Neurology, Kushiro Rosai Hospital.

Offprint requests to: Ou Oikawa, Department of Neurology, Kushiro Rosai Hospital. 13-23 Nakazono-cho, Kushiro-City, Hokkaido 085-8533, Japan