

症 例 報 告

カルバマゼピンと漢方薬の併用が
有効であった高齢者の三叉神経痛

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要旨：三叉神経痛の薬物療法には、カルバマゼピン（以下、CBZ）が第一選択とされているが、CBZにはめまい、傾眠傾向、薬疹、肝障害などの副作用があり、薬剤コンプライアンスが小さい高齢者では薬用量の決定に難渋することが多い。今回われわれは、三叉神経痛が再発した71歳の男性患者に対してCBZに小柴胡湯（TJ-9）・桂枝加芍薬湯（TJ-60）・五苓散（TJ-17）など複数の漢方薬を併用して痛みの治療を行ったところCBZを増量することなく三叉神経痛を良好にコントロールできた。CBZと漢方薬の併用が有効であることが示唆された。

索引用語：三叉神経痛，カルバマゼピン，漢方薬

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Effect of Combined Use of Carbamazepine and Kampo Medicine for Trigeminal Neuralgia of Elderly People

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Abstract: Although Carbamazepine (CBZ) is considered as the first selection at the medication of trigeminal neuralgia, the drug produces side effects, such as vertigo, somnolence, drug eruption, and hepatopathy. So it is difficult for us to determine CBZ dosage for elderly people.

We used Syo-saiko-to, Keishi-ka-shakuyaku-to, Gorei-san with CBZ for a 71-year-old male patient to whom trigeminal neuralgia recurred. And trigeminal neuralgia could be well controlled, without increasing the dose of CBZ, and it was suggested that combined use of CBZ and Kampo medicine is effective.

Key words: trigeminal neuralgia, Carbamazepine, Kampo medicine

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