

症 例 報 告

腰痛症に対する疎経活血湯の効果

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要旨：腰・下肢痛に対して疎経活血湯(TJ-53)を投与した効果を症例を提示して報告した。消炎鎮痛剤，物理療法，神経ブロックなどの一般的整形外科的治療で効果が得られなかった症例に疎経活血湯を投与した結果，VASで10から2への改善効果が見られた。本例を含め，6例の検討ではVASの改善は平均9から2であった。疎経活血湯は腰・下肢痛に用いて有用な方剤と考える。

索引用語：疎経活血湯，腰・下肢痛

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Effect of Sokei-kakketsu-to on Lowback and Leg pain

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Abstract: A 45-year-old female had lowback and right leg pain with numbness. She was diagnosed with lumbar-disk-herniation and operative treatment was recommended. She was admitted to our hospital in the hope of having a conservative therapy. 8 and a half months of medication, nerve-blocks, physical therapies, brought about no remarkable change. Then we gave her Sokei-kakketsu-to 7.5g/day additionally. About 6 weeks later, she was relieved of lowback and leg pain with numbness. The VAS score change was from 10 to 2.

Other 5 patients, with lowback and ischias pain were assessed in VAS score change. Averaged improvement of VAS-score, additional administrations of Sokei-kakketsu-to, was from 9 to 2, including this case. Sokei-kakketsu-to is effective on lowback and leg pain.

Key words: Sokei-kakketsu-to, lowback and leg pain

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