

症 例 報 告

三叉神経領域の慢性痛に対して
漢方，鍼灸を応用した1症例

三浦一恵* 別部智司* 雨宮義弘*

要旨：脳腫瘍による三叉神経痛の発現率は三叉神経痛全体の約10%といわれている。今回、三叉神経領域の慢性痛の症例でMRIにより脳腫瘍が疑われ、脳神経外科や放射線科と対診しながら、漢方薬と鍼灸により痛みコントロールを行った1症例を経験したので報告する。

症例は55歳女性、主訴は左口角部より耳にかけての持続的な痛みである。耳鼻科や口腔外科で、鎮痛剤を処方されたが無効であった。口腔内には器質の変化は認められなかったが、脳幹部MRIにより左小脳橋角槽付近に腫瘍が認められた。脳外科に紹介したところ、髄膜腫と診断され手術を勧められたが拒否した。放射線科にも紹介して、ガンマナイフの説明も受けたがやはり拒否した。そのため当科で桂枝加朮附湯および加味逍遙散を投与して、復溜に施灸し、首、肩の凝りに皮内鍼を行ったところ、痛みが改善した。腫瘍は発見後1年半たっても大きさが変わらないため、このまま経過観察することになった。患者のQOLの改善に漢方および鍼灸の治療は有用であった。

索引用語：髄膜腫、桂枝加朮附湯、加味逍遙散、鍼灸

PAIN AND KAMPO MEDICINE Vol.13 (2003)

A Patient with Chronic Orofacial Pain Successfully Treated with Kampo medicine and Acupuncture

Kazue Miura*, Satoshi Beppu* and Yoshihiro Amemiya*

Abstract: Many researchers agree that nearly 10% of the incidence of trigeminal neuralgia is associated with cerebral tumors. We report a case of chronic pain in the trigeminal nerve area where, by MRI, a cerebral tumor was suspected. Combined treatment with neurosurgery and radiation was performed while Kampo medicine was administered and acupuncture for pain control was carried out. In a case of a 55 year-old woman, with chronic pain from the left corner of the mouth up to the ear, analgesics prescribed by otolaryngologists and dental surgeons was ineffective. An organic change could not be observed by the oral surgeon. However, a tumor in the left cerebellum pons cisterna was detected by MRI. The tumor was diagnosed as meningioma at the Neurosurgery department and an operation on it was suggested, but the patient refused the operation. Gamma r adiosurgery was recommended but also, as expected, rejected. So, Keishi-ka-jutubu-to and Kami-shoyo-san were administered as well as moxibustion to the Fukuryu pressure point was performed; acupuncture for the stiffness of the neck and shoulders also showed marked improvement in pain management. There has been no change in the size of the tumor since it was detected one and a half years previously. Therefore we decided to carry out a follow-up. The patient's quality of life has exhibited marked improvement with Kampo medicine as well as acupuncture treatment.

Key words: meningioma, Keishi-ka-jutubu-to, Kami-shoyo-san, Accupuncture

* Department of Dental Anesthesiology, Tsurumi University School of Dental Medicine

Offprint requests to: Kazue Miura, Department of Dental Anesthesiology, Tsurumi University School of Dental Medicine 2-1-3, Tsurumi, Tsurumi-ku, Yokohama 230-8501, Japan