

症 例 報 告

頸椎症性神経根症に対する牛車腎気丸の臨床応用

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要旨：頸椎症性神経根症で、上肢痛やしびれ等のみの症状を有する症例で、薬物療法、神経ブロック、及び、理学療法に抵抗した症例に、牛車腎気丸（TJ-107）を投与し、その臨床成績を検討した。日本整形外科学会腰痛治療成績判定基準、疼痛、しびれの項目の改善がみられた。保存療法に抵抗した頸椎症性神経根症のなかに、牛車腎気丸が有効と考えられた症例があった。

索引用語：牛車腎気丸、頸椎症性神経根症、漢方治療、頸椎症

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The effect of Gosha-jinki-gan on a patient with cervical spondylotic radiculopathy

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Abstract: We evaluated the clinical results of Gosha-jinki-gan administered to a patient with cervical spondylotic radiculopathy. The mean dosage of Gosha-jinki-gan was 0.75g/day.

We used the Visual Analogue Scale (VAS) for the assessment of cervical spondylotic radiculopathy (pain, shibire). VAS of pain and shibire improved after administration. The JOA score gained 1 from the first physical examination. The efficacy rates of pain and shibire were improved up to 36% and 57% respectively. Administration of Gosha-jinki-gan was considered to be an effective way to control cervical spondylotic radiculopathy.

Key words: Gosha-jinki-gan, cervical spondylotic radiculopathy, Kampo therapy, cervical spondylosis

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