

症 例 報 告

川芎茶調散により体重増加を認めた慢性頭痛の2症例

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要旨：川芎茶調散 (TJ-124) は体力の強弱に関係なく、感冒では頭痛を伴う初期に用いられる。当科では慢性頭痛を訴える患者に星状神経節ブロックや後頭神経ブロックなどを行うが、時に漢方薬の併用として呉茱萸湯 (TJ-31) や川芎茶調散を用いてよい効果を得ている。今回、川芎茶調散の処方後から慢性の頭痛は軽快したが、体重の増加を訴えた症例を経験した。漢方薬の重大な副作用である偽アルドステロン症を疑い検査を行ったが、否定的であった。活動性の向上などから、川芎茶調散の抗うつ作用と鎮痛によるものと思われた。

索引用語：川芎茶調散, 慢性頭痛, 偽アルドステロン症

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Two cases of chronic headache with increases in body weight caused by "senkyu-chacho-san"

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Abstract: "Senkyu-chacho-san" is used to treat the early stage of a cold with a headache, regardless of the physical condition of the patient. At our department, those with chronic headaches are treated with a stellate ganglion block or occipital nerve block, occasionally combined with Kampo preparations, such as "goshu-to" and "senkyo-chacho-san", to produce satisfactory results. Recently, we encountered two clinical cases in which the use of "senkyu-chacho-san" successfully eliminated chronic headaches; but weight gain was noted as a consequence of the treatment. Pseudo-aldosteronism, a serious adverse effect of Kampo medicine, was suspected, so the patients were subjected to a series of tests, which negated our suspicions. Both patients experienced increases in activities and it was believed that the anti-depressive and analgesic actions of "senkyu-chacho-san" contributed to the gain in body weight.

Key words: Senkyu-chacho-san, chronic headache, Pseudo-aldosteronism

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