

## 症 例 報 告

脳血管障害後遺症における  
疼痛，しびれ感に対する芍薬甘草湯の治療効果

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**要旨：**脳血管障害による疼痛と知覚異常（しびれ）を主訴とする7例に，1日7.5gの芍薬甘草湯（TJ-68）を1週間以上投与し，その有効性を検討した．1）3症例は服用困難，強い悪心にて1～2日しか服用できなかったが，残りの4症例は1週間以上服用する事ができたので治療効果の判定が可能であった．2）1週間後の改善率は疼痛75%，しびれ100%と高率であった．疼痛としびれの一方が改善したのは100%，双方のそれは67%であった．また，2週間後の改善率も同率であった．3）投与量を1日5gに減量しても効果は不変であったが，1日2.5gまで減量すると75%に症状の再発がみられ，1日5gに増量すると症状は全症例緩解した．これらの結果より，芍薬甘草湯は脳血管障害後遺症の疼痛，しびれに対してかなり有効な治療薬と考えられ，維持量は1日5gが適量と考えられた．

**索引用語：**脳血管障害後遺症，疼痛，しびれ感，芍薬甘草湯

## PAIN AND KAMPO MEDICINE Vol.13 (2003)

## Therapeutic effect of Shakuyaku-kanzo-to against pain and numbness among sequelae of cerebrovascular disorder

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**Abstract:** 7.5g per day of Shakuyaku-kanzo-to (henceforth SK) was administered for one week or more to 7 patients whose complaints were pain and numbness among the sequelae of cerebrovascular disorder and its effect was judged. 1) Three of the patients had difficulty taking the medicine. They managed to take it only for a day or two, feeling heavy nausea. The other four were able to take it for a week or more, and therefore, therapeutic effect on them could be judged. 2) In a week 3 out of the 4 patients (75%) were relieved of their pains and all of the four patients (100%) were relieved of their numbness. The improvement rate of either pain or numbness was 100% and the rate of both was 67%. 3) There was no exacerbation of their symptoms when the dosage was decreased to 5g per day. The relapse of symptoms was observed in 3 patients (75%) when it was decreased to 2.5g per day. But in all the patients their symptoms were remitted when it was increased to 5g per day. In conclusion, SK is considered to be significantly effective for pain and numbness among the sequelae of cerebrovascular disorder and 5g per day of SK is thought to be a proper dosage.

**Key words:** sequelae of cerebrovascular disorder , pain and numbness, Shakuyaku-kanzo-to

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