

症 例 報 告

漢方治療が奏功した慢性疼痛症候群の1例

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要旨：腰部脊椎管狭窄症に対する、後方除圧術後に発生した、高血圧症を合併した慢性疼痛症候群に対して漢方治療を併用した。多くの降圧剤、抗うつ剤、精神安定剤、鎮痛剤を中止できたのみならず、VAS評価で大腿部で10から5、足部で10から2と奏功をみた。使用した漢方薬は桂枝加朮附湯、桂枝加竜骨牡蛎湯、疎経活血湯と附子を組み合わせたもので、後通の衛気を通ずる事によって、奏功したものと考えた。

索引用語：慢性疼痛症候群、桂枝加朮附湯、桂枝加竜骨牡蛎湯、疎経活血湯、附子

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A case of good effect on a Complex Regional Pain Syndrome with Kampo-medicine

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Abstract: A man suffering from a Complex Regional Pain Syndrome with hypertension, after undergoing a posterior decompression operation for lumbar spinal stenosis, was treated with Kampo-medicines. The treatment showed remarkable effects and many antihypertensive drugs, antidepressive drugs, tranquillizers and analgesics were stopped.

The change of the VAS scor was 10 to 5 at the thigh, 10 to 2 at the foot .

In this case, these Kampo-midicins took effects by improving the drainage of the "Koto-no-Eiki" from the "Jin" to the lower extremies.

Key words: Koto-no-Eiki, Jin, Complex Regional Pain Syndrome, VAS score

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