

症 例 報 告

加味逍遙散が有用であった舌痛症の1治験例

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要旨：1年以上にわたって舌痛症を認めた51歳男性に対して、加味逍遙散とエチゾラムの投与が有用であった症例を報告した。本例における舌痛症の病態は東洋医学的には次のように考えられた：慢性的睡眠不足などの日常生活上のストレスが腎陰虚証とこれに続発する肝陰虚証を引き起こし、これらが心火亢進につながっていった。心は舌に開竅するとされており、本例の舌痛症は心火亢進の症状のひとつといえる。加味逍遙散は肝気の不均衡を改善する作用を有し、間接的に心火を清熱し、舌の異常知覚に対する改善効果を発揮したものと考えられた。

索引用語：舌痛症，漢方治療，加味逍遙散

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A case of glossodynia satisfactorily treated with Kami-shoyo-san Akimune Hayashi*

Abstract: We report a case of a 51-year-old male who had suffered from glossodynia more than one year. The patient was treated with Kami-shoyo-san (EK-24) and etizolam. His glossodynia was then relieved satisfactorily. Based on the oriental medicine, the pathogenesis of his glossodynia was considered as follows: Stressful lifestyle such as daily lack of sleep, triggered insufficiency of kidney-yin and liver-yin, which resulted in hyperactivity of heart-fire. Because the tongue is said to be the window of the heart, the glossodynia could be the result of hyperactivity of heart-fire. Kami-shoyo-san successfully corrected liver-Qi imbalance, indirectly improved heart dysfunction, and yielded its effect upon lingual paresthesia.

Key words: glossodynia, kanpo-therapy, Kami-shoyo-san

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