

短 報

## 群発頭痛患者に釣藤散，抑肝散が有効であった1症例

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**要旨：**9年間に及ぶ群発頭痛の32歳男性に対して釣藤散合抑肝散は，およそ2週間の服用でスマトリプタンなどの群発頭痛薬なしで群発頭痛発作の発症を抑えることが可能であった。脳血管性の頭痛に対して釣藤散もしくは抑肝散は，頭痛予防薬の第一選択になりうる可能性がある。

**索引用語：**群発頭痛，釣藤散，抑肝散

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#### The Effect of Cho-to-san and Yoku-kan-san on a Cluster Headache

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**Abstract:** We report the effect of Cho-to-san and Yoku-kan-san on a Cluster Headache that had persisted for 9 years.

About 2-week medication of Cho-to-san and Yoku-kan-san inhibited attacks of cluster headaches without giving any other medicine.

We think that Cho-to-san or Yoku-kan-san could be the first choice of drug for cerebrovascular headaches.

**Key words:** Cho-to-san, Yoku-kan-san, Cho-to-san and Yoku-kan-san

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