

症 例 報 告

八味丸加附子末の投与にて著明に改善した 長年続いた大腿・膝・足関節の疼痛の1例

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要旨：高齢者は腎陽虚を示す場合が多く、虚勞による腰痛，膝痛，足の痛みや異常感覚，冷えなどを訴える者も多いものと思われる。そのような場合八味丸などの補陽剤に温補，通絡止痛作用のある附子末を漸増しながら用いることは，これらの痛みを緩和するだけでなく，患者のQOLも高めることにもなり，意義のあることではないかと考えられる。

索引用語：腎陽虚，虚勞，大腿・下腿・足の疼痛，足の異常感覚，
八味丸加附子末，附子末の漸増

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The Positive effect of a combination with Hachimijiogan and Aconite Tuber Powder on the Chronic Pain of the Thigh, Knee and Foot joints.

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Abstract: Many elderly patients have symptoms of jinyokyo (deficiency of resistance and asthenia of the lower section of the body) and many of them complain of the chronic pain of lower back, thigh, knee and foot joints or the dysesthesia or feeling of cold in their feet.

Combined use of hachimijiogan with aconite tuber powder which has the efficacy of warming and pain block, are effective for relieving their pain as well as improving their QOL.

Key words: Long-lasting thigh, knee and foot joint pain, hachimijiogan and aconite powder, Jinyokyo

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