

症 例 報 告

感染後早期の五苓散投与により神経痛の増悪を予防できた
三叉神経帯状疱疹の高齢者例

丸山 哲弘* 白簾久美子*

要旨：右頬部の異常感覚で発症した三叉神経帯状疱疹の74歳女性例を報告した。同部位の発赤と急性頭痛を呈し、発症翌日当院を受診し、帯状疱疹髄膜炎と診断され入院した。入院後、直ちにアシクロビル、γグロブリン、グリセロールでの治療が開始され、髄膜炎徴候はすみやかに改善した。しかし、入院後第18病日に、神経痛予防のために星状神経節ブロックを行ったにもかかわらず、右上顎神経領域に異常感覚が出現し、神経痛に変化した。五苓散の投与後、帯状疱疹後三叉神経痛は徐々に改善し消失した。退院後もしばらくの間、彼女には神経痛の再発も悪化を認めなかった。五苓散は、一般に、頑固である神経痛の改善と再発の予防に有効である。したがって、五苓散は帯状疱疹後神経痛の治療と予防の第1選択的な治療法と考えられた。五苓散は、帯状疱疹患者に対して、急性期からできるだけ早く投与すべきであると提案する。

索引用語：五苓散, 帯状疱疹後三叉神経痛, 予防的効果

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**A Senile Case with Trigeminal Herpes Zoster:
Successful Prevention of Persistent Neuralgia
with Administration of Goreisan on the Early Infectious Phase**
Tetsuhiro Maruyama* and Kumiko Shirahata*

Abstract: We reported a 74-year-old woman with the right trigeminal herpes zoster with preceding itchy sensation in the right cheek. She developed redness in the same region and an acute headache in a day. The next day, she was admitted to our hospital, diagnosed as herpes zoster meningitis. She underwent the treatment with acyclovir, gamma-globulin, and glycerol at once. The symptoms of meningitis were ameliorated soon after the therapy. However, on the eighteenth day following admission, she felt uncomfortable sensation in the right maxillary nerve area and it changed into neuralgia despite preventive stellate ganglion blocks. The postherpetic trigeminal neuralgia was gradually diminished and extinguished after the administration of goreisan. For a while, she had neither recurrence nor aggravation of the neuralgia. Goreisan effectively ameliorated postherpetic neuralgia which would have been persistent in general and prevented the recurrence. Goreisan therefore seems likely to represent a first line therapy for the prevention and treatment of postherpetic neuralgia. We propose that Goreisan should be administered to patients as soon as possible with herpes zoster on an acute phase.

Key words: Goreisan, postherpetic trigeminal neuralgia, preventive effect

* Department of General Medicine, Iida Municipal Hospital

Offprint requests to: Tetsuhiro Maruyama, Department of General Medicine, Iida Municipal Hospital. 438 Hachiman-cho, Iida, Nagano 395-8502, Japan