

## 症 例 報 告

# 原因が明らかでない顔面痛に五積散が奏効した1症例

千葉雅俊\* 森川秀広\* 越後成志\*

**要旨：**口腔顔面痛は口腔外科の外来患者が最も多く訴える症状の一つである。われわれは原因不明の顔面痛に対して五積散を投与して痛みを完全に制御できた症例を経験したので報告した。患者は55歳女性で、3年間持続する左側顔面痛を訴えており、痛みのためにQOLは障害されていた。この痛みには歯科治療や薬物治療（カルバマゼピンと桂枝加朮附湯や加味逍遙散）は効果がなかった。医療面接、身体診察、放射線検査、血液尿検査から顔面痛の原因を説明できる所見は認めなかった。証に従い五積散を投与したところ、数日で痛みの頻度と程度が軽減した。14カ月の五積散の投与で、痛みとQOLは完全に改善した。現在まで顔面痛の再燃はなく、経過良好である。

本症例の経験を通して、通常の治療が奏効しない顔面痛に対する治療の選択肢として五積散の投与について考慮して良いのではないかと考える。

**索引用語：**五積散、痛み、顔面痛、慢性疼痛、非定型顔面痛

## PAIN AND KAMPO MEDICINE Vol.15 (2005)

### A Case of Facial Pain of Unknown Origin Successfully Treated with Goshakusan

Masatoshi Chiba\*, Hidehiro Morikawa\* and Seishi Echigo\*

**Abstract:** Orofacial pain is one of the most frequent symptoms complained by outpatients in oral surgery clinics. We reported on a patient whose facial pain of unknown origin was completely relieved with goshakusan. The patient was a 55-year-old woman. She complained about left facial pain which persisted for about 3 years, and the pain worsened her QOL. Her pain had not responded to conventional treatments including dental treatment and medication (carbamazepin, keishikajutsu and kamishoyosan). Medical interview, physical examination, radiological examination and laboratory examination showed no findings to explain the causes of the facial pain. According to "Sho", goshakusan was administered and both the frequency and the severity of pain decreased in several days. After 14-month medication, her pain was completely relieved and her QOL improved. Currently she is free of facial pain without taking goshakusan.

Based on the experience in this case, we think that Goshakusan may be a useful option for the treatment of facial pain refractory to conventional therapy.

**Key words:** Goshakusan, pain, facial pain, chronic pain, atypical facial pain

\* Division of Oral Surgery, Department of Oral Medicine and Surgery, Tohoku University Graduate School of Dentistry

Offprint requests to: Masatoshi Chiba, Division of Oral Surgery, Department of Oral Medicine and Surgery, Tohoku University Graduate School of Dentistry, 4-1 Seiryomachi, Aoba-ku, Sendai, Miyagi 980-8575, Japan