

症 例 報 告

漢方薬が著効を示した三叉神経痛の2症例

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要旨：三叉神経痛は三叉神経の走行に沿って生じる発作性電撃痛を特徴とする。三叉神経痛の治療法には、神経ブロック療法、神経血管減圧術、薬物療法などがある。三叉神経痛の薬物療法にはカルバマゼピンなどの抗てんかん薬が第一選択とされているが、めまい、眠気、薬疹、肝機能障害、骨髄抑制などの副作用が発現することがある。われわれは、高齢の三叉神経痛患者2人に対しカルバマゼピンを処方したところ広範囲に薬疹が発現したため、服用を中断した。そこで症例1には桂枝加朮附湯、五苓散を症例2には桂枝加朮附湯を用いたところ、2症例の痛みは著しく改善した。従来、三叉神経痛に対しては、漢方薬はカルバマゼピンと併用され、補助的に用いられてきたが、症例によっては漢方薬が効果を有することが明らかとなった。

索引用語：三叉神経痛，カルバマゼピン，漢方薬

PAIN AND KAMPO MEDICINE Vol.15 (2005)

Two Cases of Trigeminal Neuralgia Treated by Kampo-medicine.

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Abstract: Trigeminal neuralgia is characterized by paroxysmal electric-like pain along the trigeminal nerve. There are nerve block, microvascular decompression, and medical therapy for treatment of trigeminal neuralgia. Ordinarily, anticonvulsant, carbamazepine has been employed as first choice in medical therapy. However carbamazepine occasionally causes vertigo, somnolence, drug eruption, hepatopathy and myelopathy as adverse effects. After we administered carbamazepine for two patients with trigeminal neuralgia, the drug eruption was extensively developed, resulting in discontinuation of carbamazepine. In stead of carbamazepine, keishikajyutsubuto (TJ-18) and goreisan (TJ-17) were administered for case 1, and keishikajyutsubuto (TJ-18) alone for case 2. The pain in 2 cases was relieved by these Kampo-medicine. Though Kampo-medicine has been used as supplementary drug in combination with carbamazepine, it was found that Kampo-medicine alone is effective for trigeminal neuralgia.

Key words: trigeminal neuralgia, Carbamazepine, Kampo-medicine

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