

総説

立効散とその構成生薬

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要旨：ツムラ立効散 (TJ-110) の概括的な検討をしてみた。中医学の手法を使用して個々の構成生薬について臨床上の薬効を概説した。基原植物にあたったところ、現在の国内流通のものがほとんど輸入品であることが確認された。

また歯科、口腔科領域における細辛の使用について随代から李東垣の蘭室秘蔵に記載をみる TJ-110 として利用される立効散が成立する金元代の時期まで、入手可能な医籍を辿って史的な考察を加えてみた。竜胆が加わることによって立効散と呼ばれる効果的な方剤として完成したことが判明した。継いで現代の中国における歯科、口腔、顔面の疼痛に対する伝統医学に基づく治療を紹介し、最後に臨床経験 4 例を提示した。

索引用語：立効散, TJ-110, 基原植物, 医史学, 中医学

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Rikkousan, TJ-110 (Pulvis patefactionis efficientiae) & its component herba (with historical aspect)

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Abstract: Rikkousan, TJ-110, has often been used for dental treatment and oral treatment. This formula consists of Manchurian wildginger, Chinese Gentian (Japanese Gentian), Chinese Bugbane, Saposhnikovia Root (Ledebouriellae Root), Licorice.

These individual herbs were overviewed from the TCM perspective and the perspective of source plants. The formula, including Asiarums as constituent, was examined historically, reading through medicinal herbal classics between the Shui Era and Yuan Era (7th and 14th century), before the established Rikkousan was inscribed within the "Ranshitsu Hizou".

The current TCM method, their drug formulas, and folk medicines, currently available and recognized as efficient ones against tooth and oral pain in mainland China were introduced. The clinical experiences were presented with 3 effective ones and one non-effective one during 2003. In herb formulas other than TJ-110, we should make an earnest study to get new information and to expand the therapeutic method with herbs against toothache, oral pain and facial pain.

Key words: Rikkousan, TJ-110, toothache, medical history, TCM, Asiarum Radix

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