

症 例 報 告

妊娠期・産後の疼痛疾患に対する当帰芍薬散の効果

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要旨：妊娠期，産後授乳期の疼痛性疾患に対しては安静，湿布処置以外に有効な治療法はない。妊娠期は，循環血漿量が非妊娠期の1.5倍になり相対的血虚，水毒の状態になる。産後は血虚，瘀血の状態になる。妊娠期，出産後の疼痛性疾患，腰痛2例，手根管症候群1例，デクエルバン氏病1例に対して当帰芍薬散（TJ-23）7.5g，分3／日を投与し効果があった例を経験したので報告する。当帰芍薬散は，安胎薬であり，妊娠期の疼痛疾患に対して妊娠という「証」を考慮すればfirst choiceとして安心して使用できる。

索引用語：当帰芍薬散，妊娠・産後，疼痛

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Effect of Tokishakuyakusan (TJ-23) on Painful Diseases During Pregnancy and Postpartum Period

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Abstract: No effective therapies are known for painful diseases during pregnancy and postpartum period. The author reports remarkable effect of tokishakuyakusan on painful diseases during pregnancy and postpartum period, including two patients with low back pain, one with carpal tunnel syndrome, and one with tendinitis of wrist joint. We can assuredly administer tokishakuyaku-san for painful diseases during pregnancy and the postpartum period as our first choice.

Key words: tokishakuyakusan (TJ-23), Pain, The Period of Pregnancy

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