

症 例 報 告

難治性の下肢しびれ感に対して 牛車腎気丸が有効であった2症例

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要旨：難治性のしびれ感は、外来治療でも難治する事が多い主訴の一つである。特にこの分野は西洋医学でも十分な効果があげられないことが多く、東洋医学との使い分けや併用が有効な治療となることが期待される¹⁾。最近漢方薬が整形外科的疾患でのしびれに対しての有効性も知られるようになってきている。原因は多種多様であるが、今回は特に悪性腫瘍に合併したしびれ感と膠原病、腰部脊柱管狭窄症に合併したしびれ感を有する症例を提示する。

これら症例から、疾患を選ばない証による治療が本来の姿である漢方薬の有効性を検討してみる。

索引用語：しびれ感、漢方薬、鎮痛補助薬、牛車腎気丸

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Goshajinkigan Effective for Two cases of Intractable lower Limb numbness

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Abstract: Incurable numbness is hard to manage. Since even Western medicine has not had effect on it, we expect much from Oriental medicine. Recently Kampo-medicine has been known as one of the effective medical treatments against numbness from orthopedic disease.

Of many numbness cases, we report the following 2 cases in which goshajinkigan made much effect on numbness of the legs. 7.5mg goshajinkigan was prescribed 3 times for the patients in each case. As there is no worldwide standardised evaluation, the degree of the effect is evaluated from individual patients.

Case 1 : 70-year-old female patient, who had numbness in both legs. Though other medicines had no effect, goshajinkigan improved her numbness after she took it for 2 weeks.

Case 2 : 54-year-old female patient had numbness in the right leg caused by SLE. Her lumbago was improved by epidural block, but the numbness remained.

Key words: Numbness, Kampo-medicine, Adjuvant, goshajinkigan

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