

症 例 報 告

歯肉膿瘍の切開を契機に発症した慢性疼痛に 桂枝加朮附湯が奏効した 1 症例

千葉雅俊* 越後成志*

要旨：歯肉膿瘍の切開を契機に発症した慢性疼痛に対して、桂枝加朮附湯を投与して速やかに痛みを制御できた症例を経験したので報告した。患者は45歳女性で、1年1か月前から知覚異常を生じ、5か月前から持続する左側下顎骨歯槽部痛を訴えていた。痛みのため抑うつを生じ、QOLは障害されていた。この痛みには歯科治療（膿瘍切開や搔爬術）や薬物療法（抗生物質、消炎鎮痛薬、カルバマゼピン）は効果がなかった。証に従い桂枝加朮附湯を投与したところ、数日で痛みの程度は軽減した。約1か月の桂枝加朮附湯の投与で、痛みとQOLは完全に改善した。現在まで下顎骨歯槽部の慢性疼痛の再燃はなく、経過良好である。

本症例の治療経験を通して、小外科処置を契機に発症する口腔領域の慢性疼痛を治療する際の選択肢として、桂枝加朮附湯の投与を考慮して良いのではないかと考えた。

索引用語：桂枝加朮附湯、痛み、慢性疼痛、歯肉膿瘍、神経損傷

PAIN AND KAMPO MEDICINE Vol.16 (2006)

A Case of Chronic Pain Successfully Treated with Keishikajutsubuto After Incision of Gingival Abscess Masatoshi Chiba* and Seishi Echigo*

Abstract: We report on a patient whose chronic pain on the mandibular alveolar ridge following incision of alveolar abscess was completely relieved by keishikajutsubuto. The patient was a 45-year-old woman. She had complained about persistent pain for 5 months following dysesthesia which had developed 13 months ago, and the pain worsened her QOL. Her pain did not respond to conventional treatment including dental treatment (abscess incision and curettage) and medication (antibiotics, pain killer, and carbamazepin). According to Sho, keishikajutsubuto was administered and the severity of pain decreased in several days. After one-month medication, her pain was removed and QOL completely improved. Currently, she is free of chronic pain without taking keishikajutsubuto.

Based on the experience in this case, we think that keishikajutsubuto may be a useful option for the treatment of chronic pain in the oral region after minor oral surgery.

Key words: Keishikajutsubuto, pain, chronic pain, gingival abscess, nerve injury

* Division of Oral Surgery, Department of Oral Medicine and Surgery, Tohoku University Graduate School of Dentistry

Offprint requests to: Masatoshi Chiba, Division of Oral Surgery, Department of Oral Medicine and Surgery, Tohoku University Graduate School of Dentistry, 4-1 Seiryomachi, Aoba-ku, Sendai, Miyagi 980-8575, Japan