

症 例 報 告

慢性疼痛患者に対して加味逍遙散が有用であった 3 症例

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要旨：漢方医学的に、虚証・気逆・瘀血があり、多彩な不定愁訴を示す慢性疼痛患者に加味逍遙散を投与し有効だった 3 症例を経験した。症例 1 は主治療として加味逍遙散を処方し、症例 2 と 3 では、神経ブロック・鎮痛薬や西洋医学的精神薬に加えて、補完治療的に加味逍遙散を投与した。慢性疼痛患者は急性痛患者と異なり、心因的・社会的病態の占める割合が大きく、治療困難となるものも少なくない。こうした患者に対しては、患者の心理面にも配慮した全人的治療が必要となる。この観点から、個々の患者の状態を把握する漢方随証治療は、「テイラーメイド」治療そのものということができ、治療上、有効なアプローチの一つであると考えられる。

索引用語：慢性疼痛，加味逍遙散，随証療法

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Three chronic patients successfully treated with kamishouyosan (TJ-24)

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Abstract: Physical and psychological appearances of three chronic pain patients were recognized as kyo-sho, kigyaku and oketu in kampo medicine. Their various indefinite complaints and signs indicated the prescription of kamishouyosan (TJ-24). The first patient was treated by Kampo medicine only, because she was preparing for the entrance examination and worried about the side effect of drowsiness of Western medicine. The second and third patients were mainly treated with nerve block and medications, and supportably treated with kamishouyosan. Chronic pain patients usually have more psychological and social problems than acute pain patients, and are difficult to treat. They should be treated multi-disciplinarily and personally. Kampo medicine is just like the tailor-made medicine, which means the prescription must follow the individual signs (Shou) in Kampo medicine. From this point of view, Kampo medicine may be a choice of treatment for chronic pain patients.

Key words: Chronic pain, kamishoyosan,
treatment following individual oriental medical signs

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