

症 例 報 告

呉茱萸湯による片頭痛の予防効果 —トリプタン製剤との併用治療—

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要旨：急性期片頭痛の治療は、トリプタン製剤により十分な効果を認めている。しかし、その中でも頭痛回数が減少しない症例を経験しており、我々は呉茱萸湯による片頭痛の予防効果について検討した。呉茱萸湯服用後約3ヵ月で、頭痛の回数と強さおよびトリプタン製剤の服用回数とも減少した。塩酸ロメリジンと比較してもほぼ同等で、この併用療法により十分な片頭痛予防効果を認めた。また、その結果、医療費が減少した例を経験した。呉茱萸湯は片頭痛予防において、有用な治療薬と考えられる。

索引用語：呉茱萸湯，トリプタン製剤，片頭痛，併用療法

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Prophylaxis of Migraine by goshuyuto
—Combination Treatment with Triptans—
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Abstract: The treatment of acute migraine by Triptans achieved satisfactory effect. But there are cases where headache frequency doesn't decrease. We examined the prevention of migraine by Triptans and goshuyuto. Sufficient effect was obtained for the prevention of migraine with this combination treatment. It decreased the frequency and strength of headaches and also the frequency of taking Triptans and goshuyuto within three months. Consequently, patients' medical expenses decreased. Though it was compared with Lomerizine Hydrochloride, the effect was not inferior. This combination treatment is considered a choice for the prevention of migraine.

Key words: goshuyuto, triptans, migraine, combination treatment

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