

症 例 報 告

抑肝散加味方による特発性三叉神経痛の治療について

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要旨：特発性三叉神経痛は薬物療法，神経ブロック，手術といった西洋医学的治療によってほとんどの症例で鎮痛を得ることができる。しかし，薬物の副作用，神経ブロックの合併症，手術症例における無効，再発例もあり，完璧な治療戦略が存在するわけではない。漢方薬による治療は，これらの西洋医学的治療の限界を補完しうる。筆者らは特発性三叉神経痛の疼痛緩和に抑肝散を中心にした方剤を用い，好成績を得ている。抑肝散はこれまで三叉神経痛の治療薬としてあまり使用されていないが，その方意は中間証から虚証の患者におけるこの疼痛疾患に良く適応するものと考ええる。

索引用語：特発性三叉神経痛，抑肝散

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Therapy for idiopathic trigeminal neuralgia with yokukansan-kami-ho

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Abstract: Average idiopathic trigeminal neuralgia is treatable in most cases with anticonvulsants, nerve block or neurosurgical treatment. But these treatments have some defects, the side effects of anticonvulsants, the complications caused by nerve block, non-effective cases and recurrences in surgically treated cases. Therapy with Kampo medicine can minimize these defects of the western method for this type of neuralgia. We have used Yokukansan and some herbs for the treatment of trigeminal neuralgia. The frequency and intensity of the attack of neuralgia were reduced and the dosage of anticonvulsant decreased in most cases during 1 or 2 weeks after the administration of yokukansan with some herbs. There is no report that yokukansan is useful for pain control of trigeminal neuralgia. However, considering pathophysiological character of this type of neuralgia and the herbal formulation of yokukansan, we concluded that yokukansan is suitable for idiopathic trigeminal neuralgia and can be one of the therapeutic choices, especially when patients are in the rather hypofunctional state.

Key words: idiopathic trigeminal neuralgia, Yokukansan*¹ Department of Anesthesia and Pain clinic, Saiseikai Hita Hospital*² Department of Anesthesiology and Critical Care Medicine, Saga Medical School Hospital

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