

症 例 報 告

乾燥と裂紋を伴い、手術適応とされた舌痛症に 清心蓮子飲が有効であった1例

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要旨：患者は63歳の女性。口腔内乾燥による舌痛がひどく、歯科口腔外科を受診したがシェーグレン症候群は否定された。そこで対症療法を受けたが効果が無く、舌の手術をすすめられた。このため当院受診し、清心蓮子飲を投与したところ、症状はすみやかに改善がみられた。唾液分泌減少症にたいする治療手段は乏しい。漢方薬では麦門冬湯、白虎加人参湯、人参養榮湯などがしばしば使用されるが、清心蓮子飲についての報告は乏しい。清心蓮子飲の原典には口腔内乾燥も使用目標のひとつとされており、もっと使用されても良い方剤であると考えられた。

索引用語：清心蓮子飲，舌痛症，口腔乾燥

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A case report of effectiveness of seishinrenshiin for tongue pain with dry mouth and fissure of tongue initially considered to be operated on

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Abstract: The patient was 63-year-old woman. She was troubled with dry mouth, and visited oral surgery. She was not diagnosed as sjogren syndrome, and received symptomatic therapy, but her condition did not improve, and she was recommended surgical treatment of her tongue. Then she visited our hospital, and received seishinrenshiin. Her condition improved rapidly. There are only few ways of treatment for decrease of secretion of saliva. In Kampo medicine, bakumondoto, byakkokaninjinto and ninjinyoeito is sometimes used for dry mouth, but seishinrenshiin is rarely used. In the original text of seishinrenshiin, dry mouth is one of the symptoms for which seishinrenshiin is effective. We thought, therefore, that seishinrenshiin should be used for tongue pain with dry mouth more frequently.

Key words: seishinrenshiin, tongue pain, dry mouth

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