

症 例 報 告

五苓散と麦門冬湯併用が有効であった
舌痛症と口腔乾燥症を併発した1症例田中 梓*¹ 林 寧*¹ 大上沙央理*¹
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要旨：舌痛症とは他覚的に舌に異常所見が認められず、慢性持続的な表在性、限局性の自発痛を舌に訴える疾患である。口腔乾燥症は、舌痛症とともにもっとも多くみられる口腔疾患のひとつである。今回われわれは、舌痛症と口腔乾燥症を併発した患者に対して随証療法に従い五苓散（TJ-17）を投与し舌の疼痛は消失したものの、口腔乾燥感が消失しなかった患者に対して麦門冬湯（TJ-29）を併用することによって舌の疼痛及び口腔乾燥感を良好に緩解し得た症例を経験した。漢方薬を併用する際、患者の証および各種臨床所見から得られた情報を総合して、投与する漢方薬および投与量、投与期間などを決定する必要があると思われる。

索引用語：舌痛症、口腔乾燥症、漢方薬の併用

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A Case of Glossodynia Accompanied by Xerostomia
Treated by the Combined Use of Kampo MedicineAzusa Tanaka *¹, Shizuka Hayashi *¹, Saori Ogami *¹, Hiroaki Haga *³,
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Abstract: Glossodynia is a chronic disease with persistent, superficial, regional and spontaneous pain on the tongue or other mucous membranes without organic lesions. Xerostomia is a disease caused by lowered saliva secretion, adverse effect of medicine, and systemic disease such as Sjören's syndrome, diabetes or psychological disturbances. We experienced a case with glossodynia accompanied by xerostomia. The patient was treated by bakumondoto and goreisan. Four months after Kampo treatment, xerostomia was cured and the tongue pain was completely relieved. When a patient is treated by using different Kampo medicines in combination, signs and symptoms (Syo) of the patient should be accurately evaluated. It is necessary to select adequate Kampo medicine and to decide dosage and the duration of administration.

Key words: Glossodynia, Xerostomia, Combination of Kampo medicine

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