

症 例 報 告

神経血管減荷術後の頭痛とめまいに 釣藤散が有効であった1症例

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要旨：片側顔面痙攣に対する外科的治療法として、神経血管減荷術がある。その有効性は高いが、術後に聴覚障害やめまいなどの合併症も起こりうる。今回、神経血管減荷術後に出現した頭痛とめまいに対して、釣藤散（TJ-47）が有効であった症例を経験したので報告する。患者は70歳、女性。4年前、脳神経外科にて片側顔面痙攣に対して神経血管減荷術が施行された。術後より頭痛とめまいが出現した。各種西洋医学的薬物療法を行うも、症状は改善しなかったため、当科紹介となった。釣藤散7.5g、分3／日を開始したところ、内服7日目に頭痛とめまいは軽快した。さらにストレッチ運動の指導を行い、内服30日目にはすべての症状がほぼ改善した。

索引用語：神経血管減荷術、頭痛、めまい、釣藤散

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Successful treatment with Chotosan for headache and dizziness after microvascular decompression surgery

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Abstract: Hemifacial spasm could be treated by microvascular decompression surgery. However, the surgery may cause some complications including auditory disturbance or dizziness. The present report describes a patient with headache and dizziness which developed after microvascular decompression surgery and was improved with chotosan (TJ-47). The patient was a 70-year-old woman. Four years ago, she underwent microvascular decompression surgery. After the surgery, she had pain at the right back of her head and dizziness. Western medical therapies were ineffective against her headache and dizziness. In our clinic, chotosan was administered at a dose of 2.5g, 3 times a day. Seven days later, the intensities of headache and dizziness decreased. Therefore, she was instructed in stretching exercise for tension headache. Thirty days later, her headache and dizziness almost disappeared.

Key words: microvascular decompression, headache, dizziness, chotosan

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