

## 症 例 報 告

坐骨神経痛患者に対する  
麻黄附子細辛湯合芍薬甘草湯の使用経験

板澤 正明\*

**要旨：**坐骨神経痛で強い疼痛のため起立歩行が困難になり，整形外科で硬膜外ブロックを受け，疼痛が本人の評価で当初の3/10に軽減し退院したが，日常生活に支障がある64歳の女性に麻黄附子細辛湯と芍薬甘草湯を投与した．服薬1ヵ月以内に痛みが当初の1/10以下に軽減し，その後12年間服薬を継続し痛みは良好にコントロールされた．合併する狭心症の悪化等の副作用は観察されなかった．麻黄附子細辛湯と芍薬甘草湯の合方は冷えを伴う腰痛・坐骨神経痛患者に極めて有用な処方である．

**索引用語：**麻黄附子細辛湯，芍薬甘草湯，合方，腰痛，坐骨神経痛

## PAIN AND KAMPO MEDICINE Vol.18 (2008)

Effect of the combination of maobushisaishinto and shakuyakukanzoto  
on ischialgia

Masaaki Itazawa\*

**Abstract:** A case was a 64-year-old female patient with ischialgia, who was dysstatic and dysbasia by the severe pain. After the epidural block treatment, the pain was decreased to 30%. Further to improve the difficulty of the daily life, the combination of maobushisaishinto and shakuyakukanzoto was treated. Within a month the pain was decreased to 10%, and it was well controlled for 12 years by the kampo treatment mentioned above. Adverse effects, the turning for the worth of complicated stenocardia etc. were not recognized. It is suggested that the combination of maobushisaishinto and shakuyakukanzoto is remarkably effective for the lumbago or ischialgia.

**Key words:** maobushisaishinto, shakuyakukanzoto, combined formula, lumbago, ischialgia

\* Polan Clinic

Offprint requests to: Masaaki Itazawa, Polan Clinic, 1-7-25-1F Chuo-dori, Morioka, Iwate 020-0021, Japan