

## 症 例 報 告

# 痛み、しびれに対し当帰四逆加呉茱萸生姜湯が 著効を呈した足根管症候群の2例

須藤和昌\*<sup>1</sup> 田島康敬\*<sup>1</sup> 松本昭久\*<sup>1</sup> 田代邦雄\*<sup>2</sup>

**要旨：**足根管症候群の2症例に対し当帰四逆加呉茱萸生姜湯（TJ-38）が有効であった中高年男性の2症例を報告した。2症例とも全身的な血虚は必ずしも明らかではなかったが足部での冷感と寒冷による症状増強を訴えていた。本処方による深部、末梢にわたる循環改善作用および、鎮痛作用が局所の疼痛、しびれに奏功した可能性を考察した。本処方は局所に症状を呈する例でも症候と患者の証を参考にしながら処方すれば著効を得られる可能性があることを示すものと思われる。

**索引用語：**当帰四逆加呉茱萸生姜湯，足根管症候群，脛骨神経，血虚，末梢神経伝導試験

## PAIN AND KAMPO MEDICINE Vol.18 (2008)

### Effect of tokishigyakukagoshuyushokyoto on both pain and dysesthesia in two patients with tarsal tunnel syndrome

Kazumasa Sudo\*<sup>1</sup>, Yasutaka Tajima\*<sup>1</sup>, Akihisa Matsumoto\*<sup>1</sup> and Kunio Tashiro\*<sup>2</sup>

**Abstract:** Effects of tokishigyakukagoshuyushokyoto (TJ-38) on both pain and dysesthesia in two male patients of middle-aged with tarsal tunnel syndrome were studied. In both cases, the patients complained of chill sensation in their feet with aggravation by low temperature, although the blood deficiency (kekkyo) was not apparent. TJ-38 improved the circulation and showed the anesthetic effect in deep structure of the limbs and trunk, which were the cause of resolution in pain and dysesthesia. It is important to diagnose "sho" (kampo diagnosis : the constitution of the body) to select TJ-38 among kampo medicines in each patient.

**Key words:** tokishigyakukagoshuyushokyoto, tarsal tunnel syndrome, pain, dysesthesia, thermography

---

\*<sup>1</sup> Department of Neurology, Sapporo City General Hospital

*Offprint requests to:* Kazumasa Sudo, Department of Neurology, Sapporo City General Hospital, Kita 11, Nishi 13, Chuo-Ku, Sapporo, Hokkaido 060-8604, Japan

\*<sup>2</sup> Health Sciences University of Hokkaido, Kita-Ku, Sapporo, Japan