

症 例 報 告

## 芍薬甘草湯と鍼通電治療が奏効した 義歯装着に起因した後頸部痛

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**要旨：**義歯装着に伴って、咀嚼筋や頸部に痛みが生じることは稀なことではないが、難治性を示す症例が多い。

**症例：**66歳男性。主訴は上顎総義歯装着による後頸部のコリであった。上顎に総義歯を装着したが、食事のたびに疼痛があり、頸部から肩にかけてこりが出現した。4年間治療を受けたが消失せず、当科を訪れた。

上顎歯肉は正常であったが、上顎前歯部を押すと後頸部にこりが生ずると訴えていた。後頸部に板状の硬結を認め、頭部の後屈は出来なかった。東洋医学的所見は中間～虚証の気滞を示していた。筋緊張を目標に芍薬甘草湯エキス顆粒7.5gを3分服で処方した。さらに後頸部と肩に鍼通電をおこなった。3週目には、疼痛も消失して、治療を終了とした。

本症例は、芍薬甘草湯の、筋弛緩作用と鍼通電治療の鎮痛効果によって後頸部痛が消失した。義歯装着により、後頸部に筋緊張性の痛みを生じた症例には、芍薬甘草湯と鍼通電治療の併用は有用な治療法である。

**索引用語：**義歯、後頸部痛、芍薬甘草湯、鍼治療

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### Combined treatment with shakuyakukanzoto and acupuncture for stiff neck caused by denture wearing

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**Abstract:** Stiff neck following new denture wearing is not rare. However, the treatment for stiff neck is not so easy. We report a 66-years-old man who complained of stiff neck following denture wearing. Pain on upper gum was occurred by using the denture. After that, the symptom expanded on the neck area. Dental treatment could not relieve the pain. At first visit to our hospital, he complained of the stiff neck, occurring by pressure on the gum of the upper incisor area. Although upper gum was normal, he could not move his head down because of the neck pain. Combined treatment with the administration of shakuyakukanzoto and acupuncture was employed. The pain was relieved and the other symptoms were disappeared 3 weeks after the treatment.

It is suggested that the stiff neck was relieved by the muscle relaxing effect of shakuyakukanzoto and neck pain was disappeared by acupuncture. The treatment with shakuyakukanzoto combined with acupuncture is well indicated for stiff neck.

**Key words:** denture, stiff neck, shakuyakukanzoto, acupuncture

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