

臨 床 経 験

腰・下肢痛関連疾患別の有用な漢方治療

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要旨：腰・下肢痛に対して過去に使用されてきた漢方方剤はたくさんある。今回、急性腰痛症、腰椎椎間板ヘルニア、腰部脊柱管狭窄症、坐骨神経痛、慢性腰痛症、妊娠期・産後の腰痛、女性に多い冷え性・生理不順・神経症・更年期障害などから生じる腰痛に対して、臨床経験から非常に有用な方剤のみについてまとめて報告する。

索引用語：腰痛，下肢痛，神経痛

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Kampo therapy for low back pain and lower Limb pain

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Abstract: There are many effective Kampo medicines for low back pain and lower Limb pain . This report summarized the effective Kampo therapy of acute and chronic low back pain, lower Limb pain, lumbar disc herniation, lumbar canal stenosis, sciatica, low back pain in pregnancy and postpartum period among the author's past medical treatments.

Key words: low back pain, lower limb pain, lumbar disc herniation, lumbar canal stenosis, sciatica

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