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胸脇部痛（側胸部～側腹部痛）に対して 漢方治療を行った2症例

寺田仁秀* 菅原 健*

要旨：胸脇部痛は通常は圧迫骨折や脊髄疾患，肺・胆嚢をはじめとする内臓疾患などが原因となる．今回原因が不明な胸脇部痛の2症例を経験した．両症例とも胸脇部痛を胸脇苦満ととらえて抑肝散（加陳皮半夏）とブシ末を投与して，軽快することができた．抑肝散は抗うつ作用も報告されており，長期化し始めた胸脇部の痛みには効果を発揮すると考えられた．

索引用語：胸脇苦満，抑肝散，ブシ

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Two cases of pain in the subcostal area treated by Kampo medicine

Yoshihide Terada*, Takeshi Sugawara*

Abstract: The effect of Kampo medicine on the pain in subcostal area and the sides of abdomen whose cause was not certified was studied.

Case 1 : 88-year-old female patient complained of the pain from the sides of abdomen to the foot. The data of abdominal X-ray and MRI were normal. The pain on the right side of abdomen was considered to be Kyokyokuman (the fullness, tenderness or discomfort of the hypochondrium). Therefore Yokkansankachinpihange (TJ-83) and Bushimatsu (powder of the heat-processing Aconiti Tuber : TJ-3022) were administrated. The pain was improved.

Case 2 : 87-year-old female patient suffered for pain from the right side of abdomen to the foot for 6 months. Judging from Kyokyokuman, Yokkansan (TJ-54) and TJ-3022 were administrated. The pain was also improved.

It is suggested that the combined treatment of TJ-53 and TJ-3022 is effective for the pain on the both sides of abdomen.

Key words: Kyokyokuman, Yokkansan, Bushimatsu

* University of Yamanashi, Faculty of medicine, Department of Anesthesiology

Offprint requests to: Yoshihide terada, University of Yamanashi, Faculty of medicine, Department of Anesthesiology. 1110 Shimokato Chuo, Yamanashi 409-3898, Japan