

症 例 報 告

長年の前胸部痛に半夏厚朴湯が著効した 1 例

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要旨：種々の治療でも改善しなかった 10 数年来の前胸部痛が、半夏厚朴湯により劇的に改善した 1 例を経験したので報告する。患者は 72 歳，男性。主訴は前胸部痛，灼熱感。10 数年前より上胸部にジリジリする痛みが出現し，複数の病院の複数の科で検査を受けるが異常なし。半夏厚朴湯（TJ-16）を服用したところ，2 ヶ月後たまたまジリジリ感が出現するが，気にならなくなるまで改善した。西洋医学的診断法でも原因が分からず，従って適切な治療法が決められないような時に，漢方医学的アプローチが奏功する場合もある。

索引用語：難治性疼痛，胸部痛，半夏厚朴湯

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Effect of hangekobokuto (TJ-16) on long term forechest pain

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Abstract: We report on a patient whose forechest pain for more than 10 years was relieved by hangekobokuto. The patient was a 72-year-old man. He complained of persistent pain and burning sensation for more than 10 years. Although he visited several hospitals and examined, the cause of pain was unclear. His pain did not respond to any medication. According to the kampo diagnosis (sho), hangekobokuto was administrated. After 2 months medication, the pain was reduced. Currently he is free from chronic pain and occasionally has mild burning sensation.

It is suggested that kampo medicine should be useful for the treatment of chronic pain, when the conventional medicine can not be found.

Key words: intractable pain, chest pain, hangekobokuto

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