

症 例 報 告

舌痛症に対する漢方薬の効果
— 滋陰降火湯が有効であった 2 例 —井島喜弘^{*1,*2} 本間義郎^{*1,*2} 久保田英朗^{*2}

要旨：今回われわれは他の治療が奏効しなかったために来院した舌痛症患者に滋陰降火湯 (TJ-93) を投与し、症状が消失した 2 症例を経験したので報告した。2 症例の舌診所見では、舌質が深紅であることから裏証、虚実は溝舌を呈し乾燥がみられることから虚証、寒熱は舌全体の赤みがあり熱証であることから裏熱虚証と判断した。さらに虚証の中でも熱証を生じやすい陰虚と津液不足による舌痛症であると診断し、清熱剤である滋陰降火湯が奏効したと考えられた。本処方は灼熱感を呈し、慢性的な心因性ストレスを有する舌痛症患者に対して有用な治療処方の一つであると考えられた。

索引用語：舌痛症, 漢方治療, 滋陰降火湯, 難治性疼痛疾患, 舌診

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Effect of KAMPO medicine for glossodynia
— jīnkokato effective for 2 cases of glossodynia —
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Abstract: We reported on two cases where jīnkokato (TJ-93) was effective to the patient with glossodynia to which other treatments did not take effect this time.

Two cases were diagnosed by findings of Kampo diagnosis in tongue which were dark red colored, coated with slightly dry thin whitish fur or no fur, and ditched tongue. Because of the state of prominent deficiency of depressed vital energy (Qi) and mental stress, it was considered that the glossodynia was caused. In the Kampo diagnosis, we thought that this glossodynia had been caused by decreased blood (water) circulatory function and burning of heart flame. Then, it is considered that jīnkokato (TJ-93) improved the glossodynia due to prevent the excessive dryness of tongue by increasing the watery compartment. This prescription was thought to be one of the useful treatment prescriptions for glossodynia patient who presented the burning sensation, and had a chronic psychogenic stress.

Key words: glossodynia, KAMPO medicine, jīnkokato, intractable pain, zetsusin

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