

症 例 報 告

心気症患者の下肢痛に対して 加味逍遙散が有効であった 1 症例

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要旨：心気症患者は、明らかな異常所見は認められないにもかかわらず、心身の些細な不調にこだわり、重篤な病気にかかっているという概念にとらわれている。今回、下肢痛を訴える心気症患者に対し加味逍遙散 (TJ-24) が有効であった症例を経験したので報告する。患者は 63 歳、女性。1 年 3 ヶ月前、下肢痛が出現し、この原因は悪性の病気から生じていると思い込んでいた。6 ヶ月前より、複数の病院を転々とし各種精密検査をされるも、明らかな異常は認められず、精査および疼痛コントロール目的に当科紹介受診となった。患者の訴えを否定せず傾聴し、ツムラ加味逍遙散エキス顆粒 7.5g、分 3/ 日を開始した。28 日後には痛みは低下し、6 ヶ月後、重篤な病気にかかっているとのとらわれも軽減した。

索引用語：心気症、下肢痛、加味逍遙散

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**Successful treatment with kamishoyosan
for the lower limb pain in the patients with hypochondriasis**
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Abstract: Patients with hypochondriasis persist a slight physical bad condition. They are often seized with the idea that they have sever diseases, while there are no objective findings. The present report described a case of hypochondriasis complaining of pain in the lower limbs, which was improved with kamishoyosan (TJ-24). The patient was a 63-year-old woman. One year and 3 months ago, she began to suffer pain in her lower limbs and convinced that it might be due to a malignant disease. Six months ago, she started to see doctors one after another, but the evident abnormality was not detected by the physical examinations. In our clinic, we listened attentively to her without denying what she claimed, and then administered TJ-24 at a dose of 2.5g, 3 times a day. Twenty eight days later, the intensity of pain in her lower limbs decreased. Six months later, her belief that she had a severe disease was nearly eliminated.

Key words: hypochondriasis, Lower limb pain, kamishoyosan

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