

症 例 報 告

心因性疼痛に対し柴胡加竜骨牡蛎湯が奏効した一例 — 難治性の痛みについての考察 —

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要旨：患者は46歳の女性、腰痛をはじめとした様々な愁訴で当科受診となった。柴胡加竜骨牡蛎湯投与4週間後には、腰痛やその他の症状も消失した。これは、柴胡加竜骨牡蛎湯が交感神経過緊張を改善した結果、痛みの悪循環が断ち切られたためだと考えられる。慢性の痛みに遭遇した場合は、交感神経過緊張を念頭に置き、治療にあたらねばならないと思われた。

索引用語：柴胡加竜骨牡蛎湯、心因性疼痛、交感神経過緊張

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A case of psychogenic pain treated by saikokaryukotsuboreito — Discussion about refractory pain

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Abstract: The patient was a 46-year-old woman suffering from lumbago with indefinite complaint. The administration of saikokaryukotsuboreito for 4 weeks, all symptoms those were observed in the patient were disappeared. It was suggested that the treatment with saikokaryukotsuboreito should improve the excessive tension in sympathetic nerve, and reduce the severed vicious cycle of pain as a result. To ease the excessive tension of sympathetic nerve is important for the treatment of chronic pain.

Key words: saikokaryukotsuboreito, psychogenic pain,
overtension of sympathetic nerve

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