

## 症 例 報 告

# 漢方薬と抗うつ薬の併用療法により軽快した 難治性疼痛の一例

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**要旨：**難治性の背部痛に対して、漢方薬と抗うつ薬を併用することにより改善を認めた症例を報告する。症例は62歳、女性、背部激痛あり、他院にて抑肝散、四逆散など漢方薬や抗うつ薬（SSRI）を処方されるも改善せず当院受診した。抑肝散とSSRIであるパロキセチン（パキシル®）を併用することにより疼痛軽減、半夏厚朴湯を併用することで経過良好となった。難治性疼痛に対して、漢方薬と抗うつ薬を単独で用いて効果が無い場合でも、両者を併用することで奏効する場合がある。

**索引用語：**難治性疼痛，漢方薬，抗うつ薬

## PAIN AND KAMPO MEDICINE Vol.20 (2010)

### The combination therapy with antidepressants and kampo medicines for patients with untreatable pain

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**Abstract:** Effect of the combination therapy with kampo medicines and antidepressant was studied in patient with untreatable back pain. The patient was a 62-year-old female with severe back pain. Although, yokukansan, shigyakusan or selective serotonin reuptake inhibitor (SSRI) had been applied, they were not effective. However, her pain reduced by the combination therapy with yokukansan and paroxetine (SSRI). When hangekobokuto was further combined, it was effective in relieving the other symptoms.

It is suggested that the combination therapy with kampo medicines and antidepressant should be effective for the untreatable pain with a synergistic manner.

**Key words:** untreatable pain, antidepressants, Kampo medicine

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