

症 例 報 告

鍼治療と立効散が奏効した抜歯後疼痛の一例

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要旨：抜歯後疼痛に対して鍼治療と立効散が奏効した症例を経験した。患者は40歳女性で、左側下顎智歯の抜歯術後に下歯槽神経支配領域に疼痛としびれが起きた。星状神経節ブロック、抗不安薬、抗けいれん薬の内服など西洋医学的治療には効果がなく、患者は疼痛のため不眠、就労不能、抑うつ感などQOLの低下を訴えた。東洋医学的診断では元気がなく、末梢循環が悪く、四肢の冷え、疲労倦怠がみられ、脈証は肝虚証と診断した。そこで、鍼治療を行い、疼痛の緩和を図ったところで歯痛、口腔内の疼痛に用いられる立効散を処方した。それにより、疼痛が自製内となり仕事にも復帰することができ、QOLの向上が認められた。

索引用語：神経障害性疼痛、下顎智歯抜歯、鍼治療、立効散

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**A case of orofacial pain after tooth extraction improved
by the acupuncture and the administration of rikkosan**

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Abstract: A combined treatment with acupuncture and the administration of rikkosan for trigeminal pain after the extraction of a tooth was studied. The patient, 40-year-old female, suffered from neuropathic pain and paresthesia after the extraction of the left mandibular wisdom tooth, which were probably caused by the inferior alveolar nerve injury. Stellate ganglion block, antianxiety drug and anticonvulsant drug were not only effective but caused the sleeplessness and/or invalidity, those were originated from the feeling of dejection for sharp pain. Bad chills and peripheral circulation, the feeling of the coldness in limbs, and fatigue weariness were shown and she was diagnosed as kan-kyo (the asthenia of the lower section of the body or liver) according to the kampo diagnosis. Therefore the combined treatment with acupuncture for her relaxation against pain and the administration of rikkosan for the treatment of neuropathic pain was carried out. Effect of the combination therapy was so excellent that she became to be able to control the pain herself and could return to her work. QOL was improved.

Key words: neuropathic pain, mandibular wisdom tooth extraction, acupuncture, rikkosan

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