

## 症 例 報 告

# 抗癌剤治療で起った両側側胸部痛と胸部絞扼感が 柴陥湯エキスで改善し，化学療法を無事終了できた一例

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**要旨：**抗悪性腫瘍薬ドセタキセルの副作用<sup>1)</sup>として，胸痛 (0.15%)，胸内苦悶感 (0.09%)，胸部異常感 (0.03%)，胸部絞扼感 (0.03%)，胸部灼熱感 (0.03%)，胸部不快感 (0.09%)，胸苦しさ (0.06%) などが報告されているが，その副作用のために化学療法を継続できない場合もあり，何らかの対策が必要である。

ここに示した症例は X-3 年乳癌の手術を受け，X 年頸部リンパ節，鎖骨上リンパ節に転移し，以後化学療法 (ドセタキセル) を続けたが，そのたびごとに両側側胸部痛，胸部絞扼感を強く訴え眠れなかった。従来の腹診法に加えて江部の経方的腹診法を行い，この患者の症状を胸の痰熱，膈の熱，心下の飲により胸・膈・心下の気の昇降，出入が障害されて起った小結胸症によるものと考え，柴陥湯エキス (TJ-73) を投与したところ，これらの症状は著明に改善され，化学療法を中断することなく 6 クール終了できた。

小結胸の診断に江部の経方的腹診法を含めた腹診を行う必要性を感じた。

**索引用語：**ドセタキセル，胸痛，胸部絞扼感，経方的腹診法を加えた腹診法，小結胸症，柴陥湯

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### Effect of saikanto granule on both bilateral chest pain and chest zonesthesia of the patient, induced by chemotherapy

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**Abstract:** A 53 year-old woman had underwent an operation for breast cancer. The cancer had spread to both cervical and supraclavicular lymph nodes about two years later.

During chemotherapy (Docetaxel), bilateral chest pain and chest zonesthesia occurred, and they prevented her from sound sleep.

After the abdominal examination, hardness and tenderness in the epigastric region and the hypochondrium were observed.

The abdominal examination reported by Dr.Ebe, which is horizontal palpation of the epigastric region, can possibly show the existence of sho-kekkyo-sho. This occurs by the circulatory disorder of qi, which is caused by hot sputum (痰熱) in the chest, heat in the diaphragm and fluid (飲) in the epigastrium.

According to the Kampo diagnosis described above, saikanto granule (TJ-73) was administered and the side effects induced by the chemotherapy were diminished.

By Kampo treatment, chemotherapy could be finished according to the clinical schedule.

It was suggested that the treatment with TJ-73, which was the combination of shosaikoto and shokankyoto, should be effective for both the reduction of the adverse effects induced by chemotherapy, and for its continuation. The combination of the classical Japanese abdominal examination and that reported by Dr.Ebe will be very important to know the existence of the shou-kekkyo-to-sho, which can be the causes of not only the chest pain, but also various kinds of pains throughout the body.

**Key words:** Dosectaxel, chest pain, adverse effect, abdominal examination, sho-kekkyo-sho, saikanto

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