

短報

変形性膝関節症（非熱証例）に対する 苓桂朮甘湯合疎経活血湯の使用経験

木村和也*¹ 清水正彦*²

要旨：変形性膝関節症の痛み，水腫に対し防己黄耆湯が良く使用されるが，効果のみられない例も経験される．また，明らかに防己黄耆湯証でない例にもよく遭遇する．今回，非熱証例の変形性膝関節症に対し，苓桂朮甘湯合疎経活血湯を処方し，痛み及び水腫の軽減を経験したので報告する．

索引用語：変形性膝関節症，膝痛，関節液貯留，苓桂朮甘湯，疎経活血湯

PAIN AND KAMPO MEDICINE Vol.20 (2010)

Combined treatment of ryokeijutsukanto and sokeikakketsuto on the osteoarthritis of the knee

Kazuya Kimura *¹ and Masahiko Shimizu *²

Abstract: The patients with osteoarthritis in the knee were treated with the combination of ryokeijutsukanto and sokeikakketsuto (TJ-39 and TJ-53). TJ-39 and TJ-53 were administered to the 15 patients who had no local heat-syndrome. The pain and the articular fluid stagnation were improved by the kampo treatment. It was suggested that the combination of TJ-39 and TJ-53 should be useful for the osteoarthritis of the knee. The disorders of qi, ketsu and/or sui might be improved by the kampo treatment.

Key words: osteoarthritis of the knee, knee pain, articular fluid stagnation, ryokeijutsukanto, sokeikakketsuto

*¹ Department of Orthopedics, Isahaya memorial hospital

Offprint requests to: Kazuya Kimura, Department of Orthopedics, Isahaya memorial hospital.
2-21 Tenman, Isahaya, Nagasaki, 854-0006, Japan

*² Shimizu clinic