

症 例 報 告

漢方薬併用の薬物治療が有用であった
症候性三叉神経痛の1症例

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要旨：歯科治療後9年間続く左上顎痛に対して漢方薬（柴胡加竜骨牡蛎湯または桂枝加竜骨牡蛎湯）併用の薬物治療を行い、ほぼ無痛となった症候性三叉神経痛（66歳女性）の一例を報告する。初診後リドカイン100mg静注を2週間間隔で3回行い、カルバマゼピン300mg/日、パロキセチン10mg/日、ワクシニアウイルス接種家兎炎症皮膚抽出液（ノイロトロピン®）16単位/日を併用内服し、同時に柴胡加竜骨牡蛎湯6g/日を内服し、ほぼ無痛となった。その後、柴胡加竜骨牡蛎湯を桂枝加竜骨牡蛎湯に変更したが疼痛の増悪はなかった。治療開始2年9ヵ月後、桂枝加竜骨牡蛎湯とノイロトロピンをそれぞれ1種類ずつ1週間内服中止してみると、それぞれ疼痛が増悪したので、4種類すべてを併用すると再びほぼ無痛状態となった。難治性の症候性三叉神経痛に、漢方薬を含む薬物併用療法が有用であった。

索引用語：症候性三叉神経痛, 薬物治療, 漢方薬, 柴胡加竜骨牡蛎湯, 桂枝加竜骨牡蛎湯

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Effective administration of kampo medicine in combination with other drugs
for the treatment of symptomatic trigeminal neuralgia — a case report

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Abstract: A case of symptomatic trigeminal neuralgia is reported. A 66-year-old female patient had suffered from left maxillary pain for 9 years after treatment of left upper canine tooth. Kampo medicine (saikokaryukotsuboreito or keishikaryukotsuboreito) was administered in combination with several other drugs, and her pain was relieved. After her initial consultation, lidocaine 100mg was administered intravenously three times every 2 weeks. At the same time, carbamazepine 300mg/d, paroxetine 10mg/d, neurotropin 16unit/d, and saikokaryukotsuboreito 6g/d were administered concurrently. Her pain gradually improved. After the treatment of saikokaryukotsuboreito for three weeks, keishikaryukotsuboreito was administered, and her maxillary pain was not exacerbated. Two years and nine months after the beginning of treatment, when she discontinued keishikaryukotsuboreito and neurotropin for a week respectively, her pain score worsened. Consequently she resumed taking all four drugs and her pain was immediately relieved. A combination of kampo medicine and other drugs is effective for the relief of intractable symptomatic trigeminal neuralgia.

Key words: symptomatic trigeminal neuralgia, drug therapy, kampo medicine, saikokaryukotsuboreito, keishikaryukotsuboreito

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