

症 例 報 告

《効くから嬉しい漢方薬》
冠攣縮性狭心症の胸部痛に
冠拡張剤と“柴朴湯”の併用が著効した 1 症例

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要旨：強度の頭痛のため冠拡張剤が服薬不能であった冠攣縮性狭心症の69歳男性に、冠拡張剤の内服剤をかなり減量でき、硝酸イソソルビド貼付剤40mg × 1/2枚と、漢方エキス剤“柴朴湯”(TJ-96)を併用して良好なコントロールを得、Quality of life (以下QOL)を高められたのである。これにより、頭痛などの重篤な副作用のために冠拡張剤が十分には服用できず治療に難渋する冠攣縮性狭心症に対し柴朴湯の併用は有用であることが示唆された。

索引用語：冠攣縮性狭心症、柴朴湯、胸部から咽頭部への圧迫感、頭痛

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《Effective KAMPO Extracts make one's life happier》

A Case Report of Vasospastic Angina in which Chest Oppression attacks were Successfully Treated with the collaboration of Vasodilators And Saibokuto (Chai-Po-Tang, Combined Minor Buplerum Decoction and Pinellia and Magnolia Bark Decoction)

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Abstract: We found a new treatment for vasospastic angina (VSA) with the collaboration of vasodilators and a KAMPO extract, saibokuto (TJ-96). We hereby report a case of 69-year-old male with complaint of oppression diffusing from the left chest to the throat. Medication compliance of the vasodilator was remarkably improved when the usage of saibokuto had succeeded in ameliorating severe headache, the side effect caused by the vasodilator. The dosage of vasodilator was then decreased successfully with the collaboration of saibokuto. Our case suggests saibokuto has the potential of reducing the obstinate side effects of vasodilators and hence improves the medication compliance for patients of the VSA.

Key words: vasospastic angina, saibokuto (Chai-Po-Tang), chest to throat oppression, headache

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